

Storytelling Rules

1. A single published, printed story, anecdote, tale, myth or legend must be *retold* without notes or props. See theme below.
2. The maximum time is 5 minutes, but the story may be briefer without penalty. Any introduction must be included within the 5-minute time limit.
3. The student may not tell a story s/he used previously in any NFL district and/or national tournament.
4. The delivery must be extempore, not read. No book or script may be used. The story may be delivered standing or seated.
5. Gestures, pantomime and characterization, may be used with restraint but the focus must be on the narrative.
6. The retelling must be true to the original tale. The contestant may *not* add original material or materially change the content of the story.

This year's theme will be: Cultural legends/myths.